



EQUIPMENT LIST

Having the right gear is important when heading into the mountains. We take your and our safety very serious and please understand that we will not take you up the mountains without the proper gear. If you require support picking the right gear or need to rent, please contact us early.

Please check the following list to pack your adventure bag:

To bring you up the mountains:

Touring / Telemark skis, Splitboard or Snowboard w. snowshoes
(please tell us if you plan to come with snowshoes)
Randonnée / Telemark boots or Snowboard boots
Ski poles (foldable for splitboarding)
Skins for your skis or splitboard

To keep you safe:

Helmet and ski goggles
Backcountry backpack (ca.30-45L)
Metal shovel
Avalanche probe
Avalanche Transceiver

To stay hydrated:

Water bottle (min. 1L)
Thermos (optional)

To keep you warm:

Ski gloves
Beanie / headband
Neckwarmer
Baselayer
Ski socks
Outerwear jacket and pants
Downjacket for the cold days

Optional, but smart to have:

Small first aid kit
Bivy bag (1-2pers.)
Sunglasses
Sunscreen for face and lips
Houseshoes for the cosy evenings
Swimshorts/suit for the Sauna
Warm boots with good grip